



Monday	Tuesday	Wednesday	Thursday	Friday
10/28	10/29	10/30	10/31	11/1
Main Plate Swedish Meatballs with Gravy, Mashed Potatoes, Veggies, Dinner Roll	Main Plate Walking Taco Choice of Beef Or Chicken, with Veggies, Salsa & Cheese Sauce	Main Plate Homemade Pepperoni Roll With Marinara and Vegetables	Early Dismissal No Lunch Happy Halloween!	Main Plate Pizza Friday
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk		Small Water Or Milk
11/4	11/5	11/6	11/7	11/8
Main Plate Pretzel Dog Bites with Tots and Zesty Sauce	Main Plate Buffalo Chicken Dip with Tortilla Chips, Veggies, Salsa, Sour Cream and Hot Sauce	Main Plate Cheese Ravioli with Marinara, Veggies and Garlic Bread	Main Plate Rodeo Burger with BBQ Sauce, Cheddar Cheese, Onion Rings and Tater Tots	Early Dismissal No Lunch
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
11/11	11/12	11/13	11/14	11/15
No School Thank a Veteran 	Main Plate Nachos Grande Choice of Beef Or Chicken, with Veggies, Salsa & Cheese Sauce	Main Plate Bacon Cheeseburger Pasta with Veggies and Garlic Bread	Main Plate Boom Boom Chicken Hoagie with Lettuce, Tomato and Cheese served with Tater Tots	Main Plate Pizza Friday
	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
11/18	11/19	11/20	11/21	11/22
Main Plate Pierogi with Butter, Onions, Veggies and a Dinner Roll	Main Plate Chicken Quesadilla with Veggies, Salsa, Sour Cream and Hot Sauce	Main Plate Philly Cheesesteak Hoagie with Tater Tots	Main Plate Baked Beef Lasagna with Veggies and Garlic Bread	Main Plate Pizza Friday
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
11/25	11/26	11/27	11/28	11/29
Main Plate General Tso Chicken with Rice, Broccoli and a Fortune Cookie	Main Plate Double Taco with Choice of Protein, Veggies, Salsa, Sour Cream, Shredded Cheddar and Hot Sauce	Half Day No Lunch	No School Happy Thanksgiving	No School Happy Thanksgiving
Small Water Or Milk	Small Water Or Milk			

Combo Main Plate Price

\$6.75

Includes Main Plate Meal with sides and a choice of a small water or milk

Combo J. Clarks Grille Price

\$6.25

Includes choice of Chicken Tenders, Popcorn Chicken, Burger, or Chicken Patty

All with Fries and Soda or Large Water (substitute Iced Tea or Lemonade, add .50¢)

Daily Meal Options May Include the following
Up For Grabs:

Assorted Sandwiches & Wraps \$4.50

Green Scene:

Assorted Salads \$3.00-\$4.75

J. Clarks Grille:

Chicken Tenders \$3.75

Hamburger/Cheeseburger \$3.75

French Fries \$2.25

Breaded Chicken Sandwich \$3.75

Fruit Choices May Include:

Grapes, Oranges, Apples, Bananas, Pineapple, Applesauce

Vegetables May Include:

Broccoli, Carrots, Corn, Potatoes, Cauliflower, Green Beans

Snacks & Beverages May Include:

Yogurt or Pudding Parfait \$2.75

Cookies \$ 2.00

Assorted Chips \$ 2.00

Assorted Pastries & Muffins \$ 2.00

Greek Yogurt \$2.25

Iced Tea or Lemonade \$2.25

Tropicana Apple Juice \$2.50

Soda or Large Water \$1.00

Small Water or Milk .50¢

Pizza Friday

Single Plain Slice \$2.50

Single Topping Slice \$3.00

(V) Vegetarian

General Manager
Jodi McMillan
Metz Culinary Management
jmcmillan@holyredeemerhs.org
Menu subject to change due to supply chain availability